

Flask & Beaker

Electives

Pig & Figs Flatbread

NC bbq smoked pork, cilantro garlic spread, fresh red onion, fig & onion jam, goat cheese 15

Wing Trio

thai bbq, buffalo, roasted garlic 16

Grilled Shrimp or Carnitas Tacos

three tacos of your choice topped with shredded cabbage, fresh pico de gallo, and avocado cream 14

Pack Nachos

crispy tortilla chips, pork carnitas, green chilis, colby jack cheese sauce garnished with sour cream, avocado & pico 13

Southern Charcuterie

NC lady edison hams, spanish chorizo, sweet and hot soprasatta, chicken liver pate, sweet pickled beets, fig jam and crusty bread 18

Pork Belly Bánh Mì Sliders

crispy pork belly, pickled daikon, carrots, cilantro and mint salad, Siracha hoisin mayo, steamed chinese bun 16

Pan Seared Crab Cake

creamy red thai coconut sauce 16

Hush Puppies

served with andouille sausage & pepper jelly 14

Minors

Hatteras Outer Banks Clam Chowder

broth based clam chowder with baby clams, salt pork, potatoes, fried saltine crackers 8

Brunswick Stew

pork and chicken slowly simmered with potatoes, corn, lima beans & tomatoes 8

Grilled Chicken Caesar Salad

Grilled Chicken, crisp romaine, fresh parmesan, seasoned croutons & black pepper with house-made garlic anchovy dressing 11

NC Blueberry Salad

with sweet corn, NC blueberries, goat cheese & fresh basil, apple cider vinaigrette 12

* BBQ Miso Ahi Tuna Salad

miso, mirin & brown sugar marinated tuna over chopped asian slaw, sesame soy dressing 15

Southern Panzanella Salad

heirloom tomato, corn bread croutons, cucumbers, roasted beets, paradox farm red eye cheese with white balsamic dressing 11

Midterms

served with house salad, french fries, or fresh fruit

NC Gulf Shrimp Roll

sweet NC shrimp lightly sauteed with, celery & chives & served on a buttery toasted brioche bun and seasoned with celery salt 15

Flask and Beaker Pulled Chicken Salad Wrap

house-made pulled chicken salad with cranberries and celery served with lettuce & tomato on a warm grilled spinach tortilla wrap 12

Smokehouse Reuben

smoked corned beef, melted swiss, sauerkraut & thousand island on marbled rye 14

* Skirt Steak Sandwich

santa maria style with onion trio and roasted garlic aioli on a french roll 17

* Stateview Burger

8 oz patty cooked to order with roasted red peppers, melted provolone, maple bacon, lettuce & tomato 15

Grilled Chicken Breast Sandwich

flame grilled chicken breast with served on a asiago and herb roll with lettuce, tomato, avocado, mozzarella and garlic & herb aioli 14

Majors

Roasted Chicken

charcoal roasted half chicken, steamed rice, black beans, pineapple salsa, sweet plantains 24

Blackend Red Fish

flask & beaker proprietary rub, tricolor sweet potatoes, sauteed baby kale 24

BBQ NC Shrimp & Grits

sauteed gulf shrimp, creamy grits, crispy okra 21

* Aged Rib eye

28 day dry aged rib eye, ranch steak fries, arugula side salad 34

Carolina Heritage Pork

salted pork succotash, wilted greens, corn bread croutons 27

Spaghetti Bolognese

freshly ground pork & beef simmered with basil, celery, carrots, onion, tomatoes, red wine & parmesan 18

Vegetarian & Vegan Selections

Brussels Sprouts & Fig Flatbread

caramelized brussels sprouts, cilantro garlic spread, fresh red onion, fig & onion jam, goat cheese 15
Vegan option - Omit Cheese

Grilled Tofu Bánh Mì Sliders

grilled tofu, pickled daikon, carrots, cilantro and mint salad, Sracha hoisin mayo, steamed chinese bun 16

Buffalo Brussels Sprouts

caramelized onion & blue cheese dip 9

Chipotle Mushroom Taco's

three tacos topped with shredded cabbage, fresh pico de gallo, and avocado cream
Vegan option - omit avocado cream & add fresh avocado

Sweet Potato Burger

house-made Sweet potato veggie burger with heirloom tomatoes, avocado & sprouts on a home-baked roll with aioli 12

Vegetarian Southern-Style Spaghetti

southern-style spaghetti with field peas, walnuts, and kale pesto. topped with local paradox farms drunken cheese 20
Vegan Option - Omit Cheese

Finals

Southern Ambrosia

Southern Ambrosia whipped topping, coconut flakes, pineapple, mandarin orange, mini marshmallows, maraschino cherries and chopped pecans 8

Southern Banana Pudding

creamy homemade banana pudding served with cookies and cream 8

Old Fashioned Peach Cobbler

served with howling cow vanilla ice cream 9

Praline Custard

with pecan-crackle topping 8

Warm Chocolate Brownie

loaded with caramel & pecans, served with howling cow vanilla ice cream 10

NC State Howling Cow Ice Cream

two scoops of your choice. vanilla, chocolate or strawberry 6

